

READINGS
FOR SUNDAY, AUGUST 3

Matthew 14: 13-21
Pew Bible: p. 796, Spark Bible: p. 1076

FOR WEDNESDAY, AUGUST 6
Habakkuk 1:1-4, 2:1-4
Pew Bible: p. 762, Spark Bible: p. 1026

PRAYERS & CARE
For Eunice Quast (wife of Pr. Adolf Quast, retired) as she begins treatment for lymphoma
Sympathy to the Family & Friends of...
John Cushman
Military: Craig Yonkovich
Please contact the office if you have any prayers to be lifted up: office@firstlu.org or 608.783.2236

NURSERY AVAILABLE
Members and visitors: a nursery available for children newborn through age 4. The nursery is staffed Sunday mornings during and between services, and on Wednesday evenings during service and programming. **Please bring your diaper bag.** It will also be staffed during some church events and will be advertised as such when available. We hope you take advantage of our services while here at First.

HOSPITAL REMINDERS
For Gundersen: be sure to alert the hospital of your church affiliation when they ask and they will then release your room number to us when we call.
For Mayo/Franciscan Healthcare: it is important that you or a family member to contact us directly at the church office: 783-2236. Mayo no longer gives out that information.

Please make every effort to keep food and beverages in the narthex. Thanks!

SERVING:
Pastor Jason Stanton, Organist: Gabe Hicks; Nursery Attendant: Crystal Miller; Bread Baker: Michelle Bauer; Treat Providers: Aaron & Beth McDonald, Judy Stemper, Darylann Williams; Coffee Servers: Fred & Dee Ohlrogge

SUNDAY, AUGUST 3, 8:00am
Greeters: Steve Yonkovich; Communion Servers: Kelly Utesch, Terry Lee, Glen Vilim; Reader: Karen Meier; Ushers: Stephen Ministers; Nursery: Jade Rasmussen; Projectionist: Rob Kranig

SUNDAY, AUGUST 3, 10:30am
Greeters: Doris & Adrian Hagen; Communion Servers: Aaron McDonald, Mark Wrolstad; Reader: Tom Skogen; Ushers: Stephen Ministers; Nursery: Greta Moseng, Cali Shepard; Puppet Volunteers: Randy Moseng, Julie Moseng ; Projectionist: Brian Wittkop

WEDNESDAY, AUGUST 6, 6:30pm
Reader: Shaz Kjos; Nursery Attendant: Crystal Miller; Projectionist: Brian Wittkop

FIRST LUTHERAN CHURCH
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H.S. & Young Adult Ministry Coord.: Marla Meyer
marla@firstlu.org



Sunday, August 3 & Wednesday, August 6
ANNOUNCEMENTS

WELCOME VISITORS & GUESTS!

We at First Lutheran are glad you have chosen to worship with us today! We understand that visiting a church can be overwhelming as everything is unfamiliar and unknown. All the baptized are welcome to fully participate in worship, including Holy Communion, and all are welcome to participate in church programs, activities and events. If this is your first time at First, we'd love to have you stop at the Connecting Point table in the narthex entry where you may ask questions, share your contact information and receive a gift from us. We hope worshiping with us today will bless you as much as your visit blesses us!

COMMUNION CARDS

Communion cards are not required to participate in Holy Communion, but they help us know who is worshiping with us. Please fill one out and hand it to an usher just before Communion, or place it in an offering plate. Thanks!

PRAYERS OF THE PEOPLE

Please take time before worship & go to the narthex to write down any prayers you want to lift up, so we can be certain to include them in worship today!

Wedding blessings are extended to
**Nicole Zimmerhahl &
Jason Kuechenmeister**



VACATION
BIBLE SCHOOL!

VBS is **Sunday, Aug. 3, through Thursday, Aug. 7, from 5-8 pm each day.** Come join in the fun! VBS is for kids ages 3 (and potty trained) through those entering 6th grade in the fall. There is still time to join us... walk-in registrations are welcome!

ATTENTION BAKERS
AND TREAT MAKERS!

VBS begins each night with a meal. We'd love to have a variety of desserts and treats from the kitchens of our members to give our kids at the end of those meals. **Just sign up at the Connecting Point for a night, Monday through Thursday this week and bring your treat to the Fellowship Hall that day. Thanks!**

SUNSHINE BOYS
The Sunshine Boys meet at First Lutheran on the first Thursday and Friday of each month to help with outdoor or indoor projects; they will meet one more time in August, on **Thur., Aug. 7 at 9am**. Rolls and coffee will be supplied each day. You pick the day that works for you. Helpers can come both days if they wish.



The OWLs will kick August off with a potluck on **Wednesday, August 6th at noon, in the fellowship hall**. For the program Brian will talk about his photography hobby, with hints on how to take better photographs.

**SHARE YOUR KNOWLEDGE!
TEACHERS NEEDED!**

First is looking for teachers to lead one conformation class. Classes are of all subjects, addressing how that particular topic is influenced by faith and vice versa. We are also looking for confirmation small group leaders. Interested? Share your gifts and contact Pastor Karyn by **Monday, August 11**. karyn@firstlu.org

9TH GRADE GIRLS RETREAT
Wednesday, Aug. 13, 7:30 pm at The House. Girls who will be entering high school in the fall are invited to enjoy a movie, have late-night pizza, and have your questions answered by girls already in high school. Devotions and breakfast in the morning. Pick up time 9:30 am. RSVP to marla@firstlu.org.

**JONATHAN RUNDMAN
IN CONCERT!**
Minneapolis-based folk/pop songwriter Jonathan Rundman will be performing a free, outdoor concert at First Lutheran on **Saturday, September 6th**. First Lutheran's Praise Band opens at 5:30pm and Jonathan Rundman and Band take the stage at 6pm. Free and open to the public, all ages welcome! Save the date and invite EVERYONE!

COLOR RUN!
Run with First's team named "Light Up the World" on Saturday, September 13! Anyone who wants to join this team can go to the website and register! This run is being promoted by First's Drawing from the Well group, and this event will be part of the group's September 13th gathering. But you do not need to be a member of the Drawing from the Well group to be a part of the team! Register this week for early-bird pricing at www.thecolorrun.com/la-crosse

VOLUNTEER TO ACOLYTE
The church is looking for volunteer acolytes for August. If you're interested in assisting with worship as an acolyte for a Sunday or Wednesday service, send email to Pastor Karyn, karyn@firstlu.org, or call the church office, 783-2236.

WEBSITE 3.0
In mid-August First Lutheran will be making the jump from our current web provider to a new one. This change will bring with it a more responsive website: one that can more readily adjust with the various views needed from our members and our increasing number

of mobile devices. As with any transition, there may be some bugs that need to be worked out and we ask for your patience in advance. Any questions regarding the new site can be sent to our Communication and Marketing Coordinator, Andy Stutesman, at andy@firstlu.org.

**COURAGEOUS
MEN'S GROUP**

The Courageous Men's Group are men of all ages who meet weekly at 6:00 AM in the house adjacent to First Lutheran on 4th Ave for a time of fellowship and study. They are using Tony Dungy's book *UnCommon*, and its resources to guide their conversation. Contact Chad Schultz, Jim Sysimaki, or the church office for more information—mbiblestudy@firstlu.org

**MISSION TRIP
PHOTOS WANTED**
Did you participate in a mission trip in the last few months? If you took some snapshots, we are hoping you share them with us! Photos of events like these help us document what we've done and help us promote future events like these. Please send photos to andy@firstlu.org. Thanks!



Scan to download this announcement page to your phone/tablet or go to 2.firstlu.org/announce

THIS WEEK: August 3–10

SUN 3: **8:00 am Worship**
9:15-10:15 am Parent Share - Upper Room
9:15 am Children's Choir
9:30-10:15 am Bible Bits
10:30 am Worship
5:00-8:00 pm Vacation Bible School

MON 4: 5:00-8:00 pm Vacation Bible School
7:00 pm AA/Al-Anon-FS

TUES 5: 5:00-8:00 pm Vacation Bible School
5:30 pm Executive Team Meeting
6:30 pm Stephen Ministry - TR

WED 6: 6:00 am Men's Bible Study - House
6:30 am Coffee with Pastor Karyn - Ona Perkins
10:00 am First Flyers Bicycling Group
12:00 pm OWLS (55+ group) - FH
5:00-8:00 pm Vacation Bible School
6:30 pm Worship
7:15 pm Meet in the Middle Dessert

THU 7: 9:00 am Sunshine Boys
5:00-8:00 pm Vacation Bible School
6:15-8:15 pm NarAnon - FS

FRI 8: 7:00 pm AA - FS

SUN 10: **8:00 am Worship**
9:15-10:15 am Parent Share - Upper Room
9:15 am Children's Choir
9:30-10:15 am Bible Bits
10:30 am Worship

ROOM KEY:
CR = Choir Room FS = Fireside Room FH = Fellowship Hall
NX = Narthex SN = Sanctuary TR = Thomas Room

For more information, visit our website at www.FirstLutheranOnAlaska.org



ASSIST WITH WORSHIP!
Serve in many ways!... Communion Servers, Ushers, and Readers!
For the above opportunities & many others sign up at the Connecting Point table or on your phone or computer at <http://2.firstlu.org/volunteer>